

The National Diabetes Services Scheme (NDSS)

The NDSS aims to provide support to people with diabetes by providing subsidised supplies of blood glucose strips, insulin pump consumables, free insulin pen needles and syringes.

The NDSS is an initiative of the Australian Government administered by Diabetes Australia.

Registration to the NDSS is **free** and **valid** for life.

The NDSS is available:

- In person through NDSS Access Points in your local area
- Online
- Mail order
- Telephone (Credit Cards only)

NDSS forms are available at NDSS Access Points, DA–Vic offices and from our website:

www.diabetesvic.org.au

NDSS registration is different from a Diabetes Australia – Vic membership.



Diabetes Australia – Vic Geelong

For more information about the services we provide to Geelong please contact us on:

Phone: 03 5244 5224 (Geelong)
or 1300 136 588 (all of Victoria)

Email: geelong@diabetesvic.org.au

Visit our website at www.diabetesvic.org.au for the latest information and resources.

How to find us



Diabetes Australia – Vic Geelong

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75 Roslyn Road
Belmont Vic 3216
t 03 5244 5224
f 03 5241 6242

Info line 1300 136 588

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ABN 71 005 239 510

representing connecting informing

DA–Vic Geelong



 **diabetes**
australiavic

Diabetes Australia – Vic

We are the peak consumer body and leading charity representing all people affected by diabetes and those at risk. Our purpose is to help all people affected by diabetes and to contribute to the search for a cure. Our work covers type 1 and type 2 diabetes, as well as programs for people at risk.

Education Services

The Geelong Service supports people with diabetes, their families and carers in diabetes management.

Our programs are delivered by experienced credentialed diabetes educators and accredited practising dietitians.

Please contact us for program dates, costs and further details.

For People with Diabetes

- **Living Well With Type 2 Diabetes** is a group education program designed for newly diagnosed or those needing an update on type 2 diabetes
- **DAFNE** (Dose Adjustment for Normal Eating) is a five-day program designed for adults with type 1 diabetes, which introduces self-management principles and instructs on matching insulin with food intake
- Advocacy support
- Supermarket tours are facilitated by an accredited practicing dietitian. Suitable for anyone interested in healthy eating, pre-diabetes, type 2 diabetes

- Membership connects all Victorians with diabetes, their families, carers and health professionals to the latest information, services, resources and discounts on programs and products
- Life! Taking Action On Diabetes is a prevention program designed for people with pre-diabetes
- Community Support Groups (ComNet)
- Referral to relevant health services
- Telephone counselling and support
- Diabetes Infoline – 1300 136 588
- Clothing collection and small household items – 9923 8400

Outside Geelong, DA–Vic also provides

- Information sessions for people with type 1 and type 2 diabetes in Melbourne's CBD and greater Victoria
- Monthly and bi-monthly newsletters
- Multilingual Infoline – 1300 801 164 for non-English speakers, with interpreters available in over 170 languages



For Health Professionals

- Support for health professionals includes information, resources and professional development to assist with client self management
- **Two Day Diabetes Update** programs for division 1 nurses to update their diabetes management skills and knowledge.
- **Diabetes in Aged Care** – designed for enrolled nurses and personal carer attendants to update their diabetes management skills
- **Diabetes in School Seminars** are designed for teachers and support staff to expand their knowledge and confidence in supporting children with type 1 diabetes in the school setting
- Presentations to healthcare facilities on diabetes management
- Community presentations on diabetes management and risk factors to the general public, workplaces and community groups
- Mentoring and support from a credentialed diabetes educator (RN-CDE)
- Become a DA–Vic member to stay up-to-date with the latest developments in diabetes management and research, and quarterly state and national magazines
- Bi-monthly e-newsletter with information on training programs, seminars and upcoming events for people with diabetes
- A variety of extra health professional programs are available from our Melbourne office

Please refer to the website on:
www.diabetesvic.org.au