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The Breast Cancer and HRT Controversy – An expert panel separates fact from fiction

Dr Terri Foran, *Sexual Health Physician; Researcher, Royal Hospital for Women, Sydney*

Dr Sonia Davison, *Endocrinologist; President, Australasian Menopause Society; Clinical Fellow, Jean Hailes for Women's Health*

Prof Bronwyn Stuckey, *Clinical Endocrinologist and Consultant Physician, Endocrinology and Diabetes, Sir Charles Gairdner Hospital; Medical Director, Keogh Institute for Medical Research*

Dr Elizabeth Farrell, *Gynaecologist; Founding member and medical director, Jean Hailes for Women's Health*



The publication of the Women's Health Initiative study in 2002 changed forever the previous concepts of menopause management. Even women with troublesome symptoms were often reluctant to consider hormone therapy given the increased risk of breast cancer found in this study. Since then there has been an attempt to put all risks in perspective for women experiencing significant vasomotor symptoms. Then, in August this year, a research paper published in *The Lancet* reignited the controversy by again highlighting an association between hormone therapy and breast cancer. Our expert panel will explore the implications of this article for menopause management in Australia.

An Update on Current Trends in Menopausal Management



Prof Bronwyn Stuckey
Clinical Endocrinologist and Consultant Physician, Endocrinology and Diabetes, Sir Charles Gairdner Hospital; Medical Director, Keogh Institute for Medical Research

Most women will experience symptoms as they pass through the menopause transition, and for many the symptoms will be relatively mild - but approximately 30% of women will experience severe menopausal symptoms that may adversely affect their quality of life, general health and professional and family life. In this presentation Prof Bronwyn Stuckey shares expert insights on the management of these symptoms with a particular focus on hormonal and non-hormonal treatments and the latest research.

Safety and Security Travelling Abroad



Prof Peter Leggat
Professor and co-Director, World Health Organization Collaborating Centre for Vector-borne and Neglected Tropical Disease; President-Elect of the International Society of Travel Medicine

Personal safety, security and travel insurance should be one of the most important areas for travel health providers to cover, particularly as accidents, injuries and "muggings" are such an important cause of morbidity and mortality for travelers. Travellers are increasingly obtaining information on travel health, including personal safety and security, from the Internet. For example, an important source of information on safety and security of travelers abroad is found in national travel advisories. Prof Peter Leggat discusses these issues and more in this presentation.

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